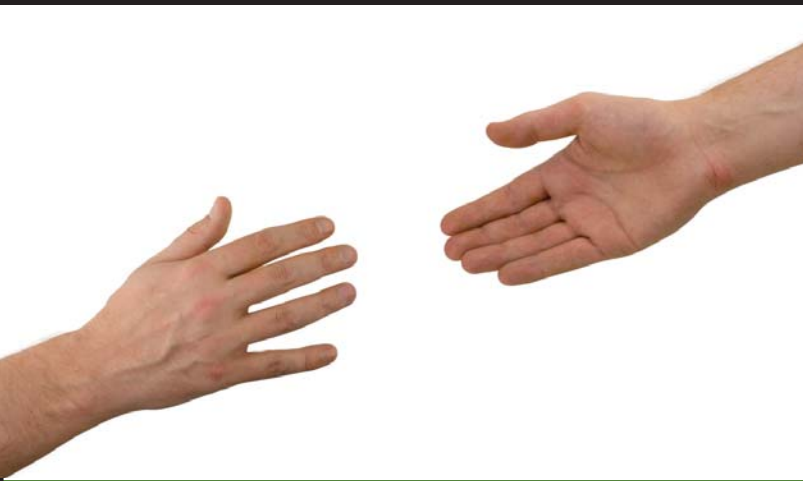




# The Biology of Loss and Its Healing

October 22, 2009



*"The paradox remains, how could the absence of something or somebody create such disturbances..."*

*There must be a biology of loss, and we must find it."*

*Dr. Myron Hofer*

## Workshop Overview

**This presentation outlines the mental health implications of early childhood emotional loss, whether due to abuse in the family or simply stress on the parents on the subsequent loss of attunement with the child. Childhood developmental disorders, ADHD, ODD and other mental problems such as anxiety, depression, and personality disorders can all be traced to either negative childhood experiences or the absence of sufficiently positive ones.**

### **This workshop will cover the following topics:**

- The early rearing environment
- Long term implications of early stress and disrupted attachment for physical health
- Long term implications of early stress and disrupted attachment for mental health
- Promoting development in childhood disorders



**Presented by  
Gabor Maté, M.D.**

Gabor Maté is a physician, author, seminar leader and public speaker. He is a former medical columnist for *The Vancouver Sun* and *The Globe and Mail*. His four books are all Canadian bestsellers and his work has been translated into over sixteen languages on five continents. The most recently published, *In the Realm of Hungry Ghosts: Close Encounters with Addiction* has been a #1 national bestseller and has been awarded the Hubert Evans prize for literary non-fiction. For twenty years Dr. Maté had a family practice, and for seven years was Medical Coordinator of the Palliative Care Unit at Vancouver Hospital. For the past twelve years he has worked in Vancouver's Downtown Eastside with patients challenged by hard core drug addiction, mental illness and HIV. He has lectured at the University of California (Berkeley and San Francisco), Alabama State University, McGill University, Washington State University, and has addressed many groups of physicians and health care providers, educators, psychologists, therapists, parents and other members of the lay public.

In 2009 Dr. Maté has been honoured with an Outstanding Alumnus Award from Simon Fraser University. His next book, to be published in 2010, will be *The Making and Unmaking of Bullies and Victims: A New Look at a Contemporary Malaise*, co-written with developmental psychologist Dr. Gordon Neufeld.

For information and to register in advance contact :  
Mandy Heikkila (780) 917-8230

[www.drgabormate.com](http://www.drgabormate.com)



The Family Centre

# Workshop Registration Form

## Biology of Loss and Its Healing

### Date:

October 22, 2009

### Time:

9:00 am - 4:00 pm

### Location:

Chateau Louis  
Conference Centre  
11727 Kingsway  
Edmonton, AB

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*Continental Breakfast*

*and*

*Lunch Provided*

Registration Fee: \$100

### PERSONAL INFORMATION

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

### METHOD OF PAYMENT

cash     cheque\*     visa     mastercard

Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

*\* Please make cheque payable to  
The Family Centre, #20 9912 - 106 street Edmonton, AB T5K 1C5*

### METHOD OF REGISTRATION

Fax registration form to 780-426-1563  
ATTN: Mandy Heikkila

You may also register by calling:  
Mandy Heikkila at 780-917-8230  
E-mail: [mandy.heikkila@the-family-centre.com](mailto:mandy.heikkila@the-family-centre.com)

